

# Veilig werken in een Professionele praktijk

## Mijn persoonlijke principes

1. Ik zal de kortste, zachtste en meest effectieve route kiezen om je te helpen je doelen te bereiken, naar mijn beste weten, kundigheid en vaardigheid.
2. Als ik vind dat ik je om wat voor reden dan ook niet kan helpen, zal ik mijn best doen je door te verwijzen naar een geschikte therapeut.
3. Ik hanteer een flexibele tariefstructuur en zal ervoor zorgen dat mijn hulp zo betaalbaar mogelijk is voor degenen die het nodig hebben.
4. Ik handhaaf de vertrouwelijkheid van alles wat in de sessies is besproken, tenzij de informatie die je mij geeft, wijst op een ernstig risico op schade voor jezelf of anderen, met name kinderen, of waar ik wettelijk verplicht ben informatie te verstrekken, bijvoorbeeld in een rechtbank.\*
5. Ik zal je niet onnodig vragen stellen over jouw verleden, oordeelsvorming.
6. Ik zal je behandelen als een vindingrijke en capabele volwassene (zelfs als je er soms geen behoefte aan hebt) en proberen je te helpen verbinding te maken met je innerlijke hulpbronnen en krachten, zodat je de persoon kunt zijn die je wilt zijn.
7. Verzekeringen

Ik ben volledig verzekerd om Psychologie, Neuro Linguistic Psychotherapy (NLP), Emotional Freedom Techniques (EFT) en Matrix Reïmprinting (MR) te beoefenen. Dat zijn mijn belangrijkste therapeutische benaderingen. Je kunt mijn verzekeringsbewijs bekijken als je dat wenst.

\* **Basismeldcode** Huishoudelijk geweld en kindermishandeling.  
*Sinds 1 juli 2013 zijn organisaties en zelfstandige beroepsbeoefenaren op grond van de Wet verplichte meldcode "huiselijk geweld en kindermishandeling" verplicht om een meldcode te hanteren. De meldcode richt zich op huiselijk geweld en kindermishandeling, daaronder ook begrepen seksueel geweld, vrouwelijke genitale verminking, eer gerelateerd geweld, oudermishandeling en huwelijksdwang.*

[Brochure Basismeldcode](#)

**Zie ondersteuning vanuit EFTinternational**

# Safer Working Professional Practice

## Guidance for Safer Working Practice for the Protection of Children, Vulnerable Adults and Practitioners.

(Please note that this statement should be read in conjunction with the [EFT-International code of conduct](#))

The vast majority of EFT practitioners are “*motivated by love and seek the highest good for others and self – and are thus inherently ethically minded*” (Mollon, P. 2017). However, it is recognised that achieving these aims is not always straightforward and misunderstandings, mistakes and misconduct can occur, which can give rise to allegations being made against the practitioner. Allegations may be genuine, malicious or misplaced. They may arise from differing perceptions of the same event, but when they occur, they are inevitably distressing and difficult for all concerned. The following is intended to help allay concerns by giving practical guidance about which behaviours constitute safer practice.

### Safeguarding people

‘Safeguarding’ means protecting the health, wellbeing and human rights of vulnerable people and enabling them to live free from harm, abuse and neglect. It's fundamental to high-quality health and wellbeing.

Safeguarding children and promoting their welfare includes:

- Protecting them from maltreatment, abuse and neglect, or things that are bad for their health or development.
- Making sure they grow up in circumstances that allow safe and effective care.
- Ensuring that they and/or their parents or legal guardians understand the process of EFT (Emotional Freedom Techniques), its intended purpose and its limitations.
- Ensuring that you are properly qualified to work with children and young people, because they are not small adults.

Safeguarding adults includes:

- Protecting their rights to live in safety, free from abuse and neglect.
- People and organisations working together to prevent the risk of abuse or neglect, and to stop them from happening.

- Making sure people's wellbeing is promoted, taking their views, wishes, feelings and beliefs into account (no decisions about me without me).
- Ensuring that they understand the process of EFT, its intended purpose and its limitations.
- Ensuring that you are properly qualified to work with your intended client group, eg. people with mental health issues.

**We help to safeguard people by:**

- Sharing information we receive (particularly when concerns are raised about abuse, harm or neglect) to help to improve safety for that individual.
- Referring concerns to the appropriate statutory body(ies).
- Taking action if we find cause for concern.

AAMET practitioners operate in many countries in which there is legislation in place to protect the most vulnerable in society. AAMET expects that all practitioners engaging in work with vulnerable clients (including adults with physical, mental or cognitive disability) or those protected by legislation (such as children and young people under the age of 18 [or the legal age of responsibilities relevant to your location]) ensure that they are aware of, and are compliant with, law, legislation and working practice applicable in the country, state or administrative area in which they and/or their client reside. This may require practitioners to undertake further training with other professional bodies or in specialist areas of professional interest

It is well to remember that EFT is a powerful technique, and with great power comes great responsibility.

References: Mollon, P. 'Ethics – The Heart and Shadow of Energy Psychology.'  
ACEP Blog, January 6, 2017